



ARTISAN COFFEE

ESPRESSO	30
MACHIATTO	33
CORTADO	39
CAPPUCCINO	42 46
FLAT WHITE	42 46
AMERICANO	38 42
LATTE	52
MOCHA	65
RED CAPPUCCINO	52
HOT CHOCOLATE	65
CHAI LATTE	65
MATCHA LATTE	65
HAZELNUT LATTE	65
CARAMEL LATTE	65
VANILLA LATTE	65
ITALIAN PLUMBER (THE OTHER MARIO)	75
<small>BLENDED DOUBLE SHOT OF ESPRESSO, VANILLA ICE CREAM AND HAZELNUT SPREAD</small>	
DIRTY CHAI	70
<small>ESPRESSO MIXED WITH CHAI LATTE</small>	

LIKE IT COLD

ICED AMERICANO	52
ICED LATTE	52
CAFÉ FRAPPÉ	52
ICED MOCHA CREAM	75
ICED HAZELNUT LATTE	65
ICED CARAMEL LATTE	65
ICED VANILLA LATTE	65

TEAS

ASSORTED TEAS	32
<small>ASK YOUR WAITRON FOR OUR IN-STORE SELECTION</small>	

MILK ALTERNATIVES	12
<small>ALMOND, MACADAMIA OR OAT MILK</small>	

SMOOTHIES

TROPICAL SUNRISE SMOOTHIE	85
<small>CREAMY MANGO, ORANGE, AND YOGURT BLEND WITH CREAM, VANILLA, AND MAPLE SYRUP, TOPPED WITH ALMOND FLAKES, CHIA SEEDS, AND MINT</small>	
GOLDEN GLOW SMOOTHIE	80
<small>A CREAMY BLEND OF PINEAPPLE, PEAR, AND YOGURT WITH CREAM, VANILLA, AND MAPLE SYRUP, TOPPED WITH ALMOND FLAKES, CHIA SEEDS, AND MINT</small>	
BLUEBERRY BLISS SMOOTHIE	110
<small>A CREAMY BLEND OF BLUEBERRIES, BANANA, AND YOGURT, SWIRLED WITH BLUEBERRY COMPOTE AND CREAM, SWEETENED WITH MAPLE SYRUP, VANILLA, AND TOPPED WITH ALMOND FLAKES, CHIA SEEDS, AND MINT</small>	
RASPBERRY & MANGO	80
STRAWBERRY & RASPBERRY	80
PEANUT BUTTER & BANANA	80
<small>MADE WITH OAT MILK</small>	
ADD EXTRA WHEY PROTEIN	40

JUICES

ORANGE	65
PINEAPPLE & GINGER	65
ORANGE & CARROT	65
GREEN JUICE	65
<small>KALE, APPLE, LEMON AND GINGER</small>	
GINGER SHOT	40

MILKSHAKES

CHOCOLATE MILKSHAKE	75
PEANUT BUTTER MILKSHAKE	85
HAZELNUT MILKSHAKE	85

COLD DRINKS

STILL/SPARKLING WATER 500ML	38
STILL/SPARKLING WATER 1L	46
SOFT DRINKS	35
ASSORTED SAN PELLEGRINO	47



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BREAKFAST (SERVED ALL DAY)

OATMEAL (V) 95
CREAMY OATS TOPPED WITH HAZELNUTS, BANANA AND DRIED CRANBERRIES (ADD EXTRA WHEY PROTEIN +R40)

AVO, HUMMUS & TOAST 105
YOUR CHOICE OF TOAST SPREAD WITH CREAMY HUMMUS AND AVO, TOPPED WITH BABY TOMATOES, SUNFLOWER AND CHIA SEEDS

BERRY BLISS FRENCH TOAST 115
THICK BRIOCHE BREAD SOAKED IN WHISKED EGGS, GOLDEN-FRIED, AND TOPPED WITH BANANAS, BLUEBERRY COMPOTE, MAPLE SYRUP, AND ICING SUGAR

BERRY BLISS YOGURT BOWL 119
CREAMY VANILLA-HONEY YOGURT TOPPED WITH FRESH BERRIES, GRANOLA, DRIED CRANBERRIES, HONEY, AND MINT

SUNRISE CROISSANT 125
BUTTERY CROISSANT FILLED WITH SOFT SCRAMBLED EGGS, BACON, MELTED CHEESE AND TOMATO CHILLI JAM.

SCRAMBLED EGGS, AVO & TOAST 92
SCRAMBLED EGGS AND AVO SERVED WITH YOUR CHOICE OF TOAST

CLASSIC EGGS BENEDICT 120
TOASTED ENGLISH MUFFIN LAYERED WITH SAVOURY BACON, TWO PERFECTLY POACHED EGGS, AND A GENEROUS DRIZZLE OF CREAMY HOLLANDAISE SAUCE

LOW CARB EGGS BENEDICT 139
AVO, ROCKET, BACON AND MUSHROOMS SERVED WITH POACHED EGGS AND CREAMY HOLLANDAISE SAUCE

EGGS BENEDICT FLORENTINE (V) 155
BLANCHED SPINACH, MUSHROOMS AND POACHED EGGS ON A TOASTED ENGLISH MUFFIN WITH A CREAMY HOLLANDAISE SAUCE

SALMON BENEDICT 175
CREAM CHEESE, SALMON, AVO AND POACHED EGGS SERVED ON A TOASTED ENGLISH MUFFIN WITH A CREAMY HOLLANDAISE SAUCE WITH CAPERS

DAYBREAK BRIOCHE ROLL 115
A BUTTERY BRIOCHE ROLL FILLED WITH MELTED CHEDDAR, CRISPY BACON, POACHED EGGS, AND A HINT OF SWEET CHILLI SAUCE.

CLASSIC SHIFT BREAKFAST 135
TWO RASHERS OF BACON, TWO EGGS, A BEEF OR PORK SAUSAGE, MUSHROOMS AND BABY TOMATOES SERVED WITH YOUR CHOICE OF TOAST

OMELETTE #1 (V) 95
3 EGG OMELETTE SERVED WITH CHEDDAR CHEESE AND YOUR CHOICE OF TOAST

OMELETTE #2 105
2 EGG OMELETTE SERVED WITH HAM, CHEDDAR CHEESE, MUSHROOMS AND YOUR CHOICE OF TOAST

OMELETTE #3 (V) 98
2 EGG OMELETTE SERVED WITH GREEN PEPPER, CHERRY TOMATOES, CHEDDAR CHEESE, AND YOUR CHOICE OF TOAST

CREAMY TOMATO CRUNCH 90
SLOW-ROASTED CHERRY TOMATOES WITH WHIPPED FETA, TOMATO CHILLI JAM AND ROASTED MACADAMIA NUTS. SERVED ON YOUR CHOICE OF TOAST.

TURKISH SUNRISE EGGS 90
POACHED EGGS WITH A SPRINKLE OF SUMAC ON HERBED YOGURT WITH TOMATO CHILLI JAM, DUKKAH AND ROASTED SEEDS. SERVED WITH YOUR CHOICE OF TOAST

LUNCH

HARVEST CHICKEN SALAD 129
CHICKEN BREAST ON SPINACH, QUINOA, AND FETA, WITH CHERRY TOMATOES, RED ONION, AVO, SULTANAS, PUMPKIN SEEDS, AND FRENCH DRESSING

GOLDEN DUNKED SCHNITZEL 160
CRISPY CHICKEN SCHNITZEL, LEMON HONEY BUTTER, FRESH ROCKET AND A LEMON WEDGE, SERVED WITH GOLDEN FRIES

CHICKEN & BROCCOLI BOWL 130
CHICKEN STRIPS SERVED WITH QUINOA, CHICKPEAS, BROCCOLI AND AVO GARNISHED WITH PARMESAN, CHIA SEEDS AND LEMON VINAIGRETTE

ASIAN CHICKEN STRIPS 145
CRISPY CHICKEN STRIPS TOSSED IN A SWEET CHILLI AND SOY GLAZE FINISHED WITH SESAME SEEDS AND A SPRINKLE OF SPRING ONION. SERVED WITH GOLDEN FRIES.

PERI PERI CHICKEN KEBABS 155
PERI PERI CHICKEN KEBABS SERVED WITH A SIDE OF GOLDEN FRIES

RUSTIC STEAK SALAD 170
SLICED STEAK ON ROCKET, SPROUTS, ROASTED TOMATOES, AVO, PICKLED ONION, CORN, CROUTONS, AND PARMESAN, DRIZZLED WITH TAHINI-LEMON VINAIGRETTE AND SMOKED PAPRIKA

STEAK ROLL 170
150G SIRLOIN STEAK MARINATED IN A HOT SAUCE, SERVED ON A SOFT BUN WITH ONIONS, LETTUCE, TOMATOES AND GOLDEN FRIES

STEAK AND CHIPS 170
200G SIRLOIN STEAK SERVED TO YOUR PREFERENCE WITH A SIDE OF GOLDEN FRIES

SALMON BOWL 165
SALMON SERVED WITH QUINOA, AVO, CARROTS AND CUCUMBER GARNISHED WITH SPICY MAYO, SOYA SAUCE AND TOASTED SESAME SEEDS

MUSHROOM RISOTTO 120
CREAMY MUSHROOM RISOTTO WITH A BUTTERY PARMESAN FINISH.

SPICY PUMPKIN SOUP 79
A VELVETY BLEND OF SLOW-ROASTED PUMPKIN, INFUSED WITH WARMING SPICES AND A GENTLE KICK OF CAYENNE PEPPER, TOPPED WITH A DOLLOP OF CREAM. SERVED WITH YOUR CHOICE OF TOAST.

CRAFTED ON BREAD

CHEESY CHICK TRAMEZZINI 149
TOASTED TRAMEZZINI WITH CHICKEN MAYO, CHEDDAR, AND FRESH ROCKET. SERVED WITH GOLDEN FRIES

THYME-INFUSED BACON TRAMEZZINI 155
TOASTED TRAMEZZINI WITH BACON, MUSHROOMS, FETA, MOZZARELLA, AND SPRING ONION, SEASONED WITH THYME, LEMON, AND OLIVE OIL. SERVED WITH GOLDEN FRIES

STICKY STEAK TRAMEZZINI 170
TOASTED TRAMEZZINI WITH STEAK IN BBQ SAUCE, HUMMUS, MELTED MOZZARELLA, ROCKET, SPROUTS, PICKLED ONIONS, AND YELLOW PEPPERS. SERVED WITH GOLDEN FRIES

CHICKEN BACON TRAMEZZINI 165
TOASTED TRAMEZZINI WITH GRILLED CHICKEN, BACON, ONION, TOMATO, MELTED MOZZARELLA CHEESE, AND A GREEN PESTO MAYO. SERVED WITH GOLDEN FRIES

THE SALMON BAGEL 140
SMOKED SALMON ON A TOASTED BAGEL, CAPERS, RED ONIONS AND CREAM CHEESE

THE BACON BAGEL 120
CREAM CHEESE, BACON AND AVO

THE ROCKSTAR BAGEL 130
GRILLED CHICKEN AND AVO, ON A BED OF LETTUCE, ONION, TOMATOES. SERVED WITH GREEN PESTO

THE CLUB BAGEL 139
CHICKEN AND BACON SERVED ON A BED OF LETTUCE WITH ONION, TOMATOES AND MAYO

SHIFT CHEESE BURGER 149
180G BEEF PATTY, CHEDDAR CHEESE, LETTUCE, TOMATOES, AND ONIONS SERVED ON A SOFT BUN WITH MAYO. SERVED WITH A SIDE OF GOLDEN FRIES

CHICKEN BURGER 135
CHICKEN BREAST, CHEDDAR CHEESE, LETTUCE, TOMATOES AND ONIONS SERVED ON A SOFT BUN WITH MAYO. SERVED WITH A SIDE OF GOLDEN FRIES

CRUMBED CHICKEN BURGER 145
CRUMBED CHICKEN FILLET, CHEDDAR CHEESE, LETTUCE, TOMATOES, AND ONIONS. SERVED ON A SOFT BUN AND A SPICY MAYO. SERVED WITH GOLDEN FRIES

TOASTIES (SERVED WITH A SIDE OF GOLDEN FRIES)

GRILLED CHEESE & TOMATO 98

GYPSY HAM & GRILLED CHEESE 105

CHICKEN MAYO 105

BACON, EGG & CHEESE 115

ALLERGENS: ATTENTION CUSTOMERS WITH FOOD ALLERGIES, PLEASE BE AWARE THAT OUR FOOD MAY CONTAIN OR COME INTO CONTACT WITH COMMON ALLERGENS, SUCH AS DAIRY, EGGS, WHEAT, SOYBEANS, TREE NUTS, PEANUTS.

EXTRAS

SALMON 70

CHICKEN, BACON, MINCE, AVO 45

GYPSY HAM 40

MUSHROOM, CHERRY TOMATOES, SWEET CORN, FETA BLOCKS 35

BOWL OF FRIES 59

MUSHROOM SAUCE, PEPPER SAUCE, CHEESE SAUCE 35

SIDE SALAD 45

SOMETHING SWEET

BANANA BREAD 55
HOME-MADE BANANA BREAD SERVED WITH PRESERVES

CHOICE OF CROISSANTS 60
SERVED WITH PRESERVES

ASSORTED CAKES AND TREATS
OUR PASTRIES ARE MADE FRESH DAILY! ASK OUR FRIENDLY STAFF ABOUT THE DELICIOUS OPTIONS AVAILABLE TODAY

HELLO DARKNESS
MY OLD FRIEND

